

NBT Presents

2022 Fall Fest Championships

SATURDAY

NOVEMBER 19th, 2022

Let's take this outside!



WHEN: Saturday October 22nd: 10am-2pm

**WHERE: NBT Parking Lot
2015 N Dobson Rd Ste 5 Chandler, AZ 85224**

Tournament Events: Poomsae | Sync Up | Speed Kick | Jump Front Kick | Flying Side Kick | 2020 Armor Sparring

Sanitization measures will be in place throughout the event. Social distancing and contact regulations will be enforced throughout the event. We thank you for your cooperation in advance.

EVENTS

Poomsae: Perform your current poomsae against your friends and see who comes out on top! Performance will be based on Presentation, Accuracy of techniques, Power and Speed.

Sync Up: Team up with a partner and perform any poomsae! Get your “SYNC” on!

Speed Kick: Think you’re fast? Test your speed in this event where competitors will see how many kicks they can do in 45 seconds Blue belts and under, 60 seconds for Brown belts and up Instep single kicks, alternating kicks, or DOUBLES! Bracket format!

Jump Front Kick: Battle your friends on who can kick the highest! You may need to practice your jumping front kick! Connect with the paddle and move on to the next round!

Flying Side Kick: Do you have the hops to win this event? Obstacles will be placed in front of the paddle while competitors who clear the obstacle (without touching it) will advance to the next round! Competitors must clear the obstacle AND connect with the paddle!

2020 Armor Sparring: Competitors will wear 2020 Armor Video Game Vests and begin with FULL HEALTH. Each kick or punch to your chest guard will deplete your health meter! Deplete your opponent’s health meter and win the round. Best out of 3! (3 Ganjeoms allowed per round)

Additional Info:

*Parking: As a courtesy to our neighbors please use McDonald’s and Lee Lee Market parking.

*FREE ADMISSION! Friends and family are welcome!.

*All competitors arrive 30 minutes before their designated start time for check-in and warm up.

*Full uniform required to compete in both in person and online events.

*Chest guards will be provided for our 2020 Armor Sparring division. Chest guards will be sanitized and wiped down before every match.

Tournament Awards

EVENTS	1ST	2ND	3RD	3RD
POOMSAE	MEDAL + DIGITAL CERTIFICATE			
SYNC UP	MEDAL + DIGITAL CERTIFICATE			
SPEED KICK	MEDAL + DIGITAL CERTIFICATE			
JUMPING FRONT KICK	MEDAL + DIGITAL CERTIFICATE			
FLYING SIDE KICK	MEDAL + DIGITAL CERTIFICATE			
2020 ARMOR SPARRING	MEDAL + DIGITAL CERTIFICATE			

Tournament Schedule

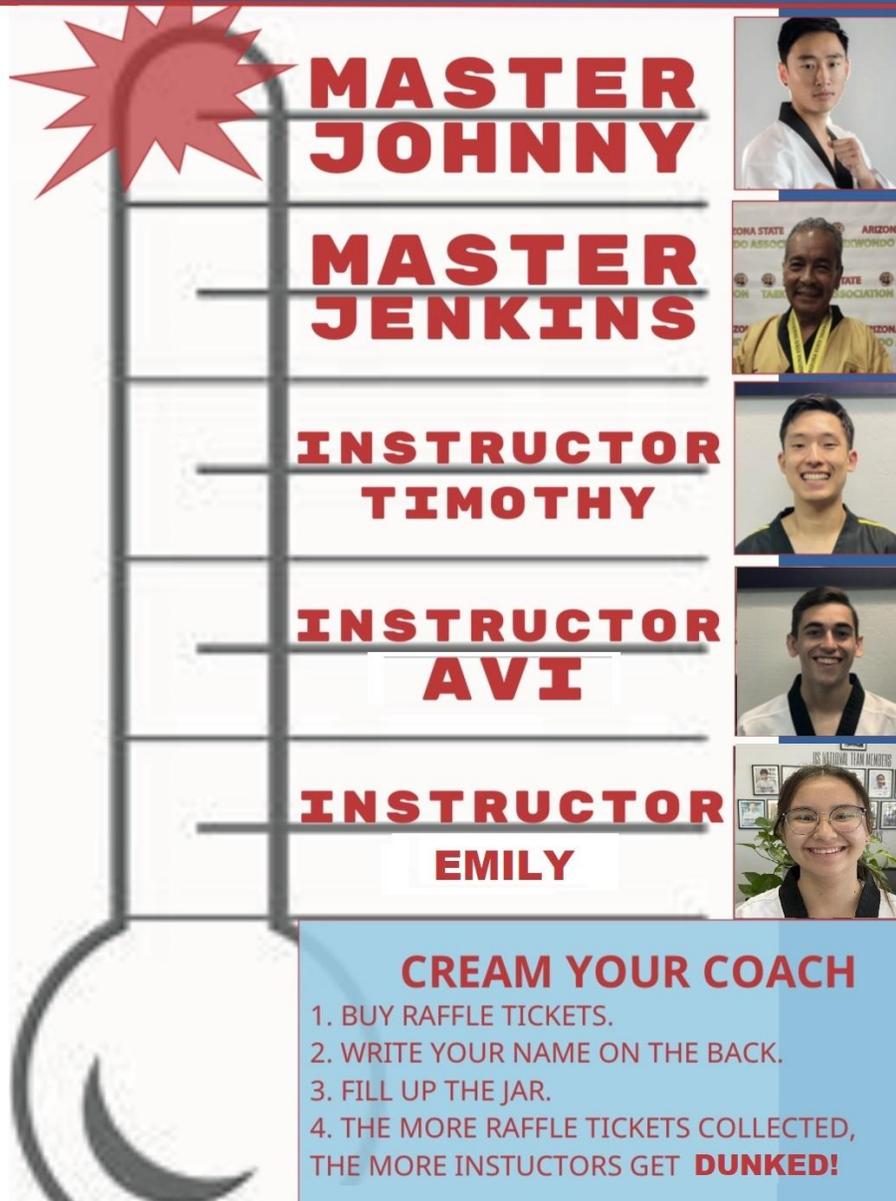
	Ring 1	Ring 2
10:00am	Poomsae	Poomsae + Sync Up
10:30am	Speed Kick	Speed Kick
10:45am	Jumping Front Kick	Jumping Front Kick
11:00am	Flying Side	Flying Side Kick
11:30pm-12:45pm	LUNCH BREAK NBT Demo Performance Raffle	
1pm	2020 Armor Sparring	2020 Armor Sparring

*Tournament schedule is tentative and may change during/before the event.

*Arrive 20-30 minutes before your event to check in and properly warm up.

DUNK AN INSTRUCTOR

@ the FALL FESTIVAL OCT 22nd!



MASTER JOHNNY

MASTER JENKINS

INSTRUCTOR TIMOTHY

INSTRUCTOR AVI

INSTRUCTOR EMILY

CREAM YOUR COACH

1. BUY RAFFLE TICKETS.
2. WRITE YOUR NAME ON THE BACK.
3. FILL UP THE JAR.
4. THE MORE RAFFLE TICKETS COLLECTED, THE MORE INSTUCTORS GET **DUNKED!**

Dunk an instructor and win a chance to win a
\$500 State Bicycle Gift Card!
www.statebicycle.com

*All proceeds will help fund the NBT Competition Sparring and Poomsae Teams in their upcoming National Events.

Fall Festival Registration

Competitor's Name _____ Age _____ Rank _____

Weight _____ lbs Taekwondo School _____

Email _____ (To receive Digital Certificate)

Address _____ City _____ State _____ Zip _____

Phone(_____) _____ - _____

1 Event: **\$80**

Each additional Event \$10

Check each event that applies →

Number of Events: _____

Raffle Tickets?: # _____

TOTAL: \$ _____

In Person Events

Poomsae

Sync Up

Speed Kick

Jump Front Kick

Flying Side Kick

2020 Armor Sparring

Registration Deadline: November 16th

I believe that my child is physically and mentally capable of participating in the NB Taekwondo Chandler, Fall Festival. He/she is in good health and does not have any injury, illness, or disability that will prohibit activity. I verify that my child has permission to participate in physical activities, and to be photographed for promotional purposes. You agree that all exercises and/or courses are undertaken at your own risk. You understand the procedures and exercises involved in instruction and participation as explained to you by the instructors of this in person and online event. You understand that there is a risk of personal injury involved in the course of instruction and with this knowledge agrees to indemnify and save harmless all losses caused by accident or injury to yourself, or to third persons, who may be with you or the instructors, in the event that either the yourself or said third person is injured in any way during the performance and execution of exercises. THEREFORE, I do hereby for myself/ my heirs/ executors/ administrators/ assigns, waives, release and forever discharge any and all rights/ claims for damages which I may sustain in connection with any practice, class, contest, athletic event, or traveling to/ from such endeavors.

Competitor Signature _____ Date ____/____/____

If competitors is under 18 yrs old,

Parent or Guardian Signature _____ Date ____/____/____