

*NBT Presents*

# 2022 Fall Fest Championships

**SATURDAY**

**OCTOBER 22, 2022**

**Let's take this outside!**



**WHEN: Saturday October 22nd: 10am-2pm**

**WHERE: NBT Parking Lot  
2015 N Dobson Rd Ste 5 Chandler, AZ 85224**

**Tournament Events: Poomsae | Sync Up | Speed Kick | Jump Front Kick | Flying Side Kick | 2020 Armor Sparring**

*Sanitization measures will be in place throughout the event. Social distancing and contact regulations will be enforced throughout the event. We thank you for your cooperation in advance.*

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# EVENTS

**Poomsae:** Perform your current poomsae against your friends and see who comes out on top! Performance will be based on Presentation, Accuracy of techniques, Power and Speed.

**Sync Up:** Team up with a partner and perform any poomsae! Get your “SYNC” on!

**Speed Kick:** Think you’re fast? Test your speed in this event where competitors will see how many kicks they can do in 30 seconds for Blue belts and under, 45 seconds for Brown belts and up! Instep single kicks, alternating kicks, or DOUBLES!

**Jump Front Kick:** Battle your friends on who can kick the highest! You may need to practice your jumping front kick! Connect with the paddle and move on to the next round!

**Flying Side Kick:** Do you have the hops to win this event? Obstacles will be placed in front of the paddle while competitors who clear the obstacle (without touching it) will advance to the next round! Competitors must clear the obstacle AND connect with the paddle!

**2020 Armor Sparring:** Competitors will wear 2020 Armor Video Game Vests and begin with FULL HEALTH. Each kick or punch to your chest guard will deplete your health meter! Deplete your opponent’s health meter and win the round. Best out of 3!

## **Additional Info:**

\*Parking: As a courtesy to our neighbors please use McDonald’s and Lee Lee Market parking.

\*FREE ADMISSION! Friends and family are welcome!.

\*All competitors arrive 30 minutes before their designated start time for check-in and warm up.

\*Full uniform required to compete in both in person and online events.

\*Chest guards will be provided for our 2020 Armor Sparring division. Chest guards will be sanitized and wiped down before every match.

## Tournament Awards

EVENTS	1ST	2ND	3RD	3RD
POOMSAE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE
SYNC UP	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE
SPEED KICK	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE
JUMPING FRONT KICK	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE
FLYING SIDE KICK	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE
2020 ARMOR SPARRING	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE	MEDAL + DIGITAL CERTIFICATE

## Tournament Schedule

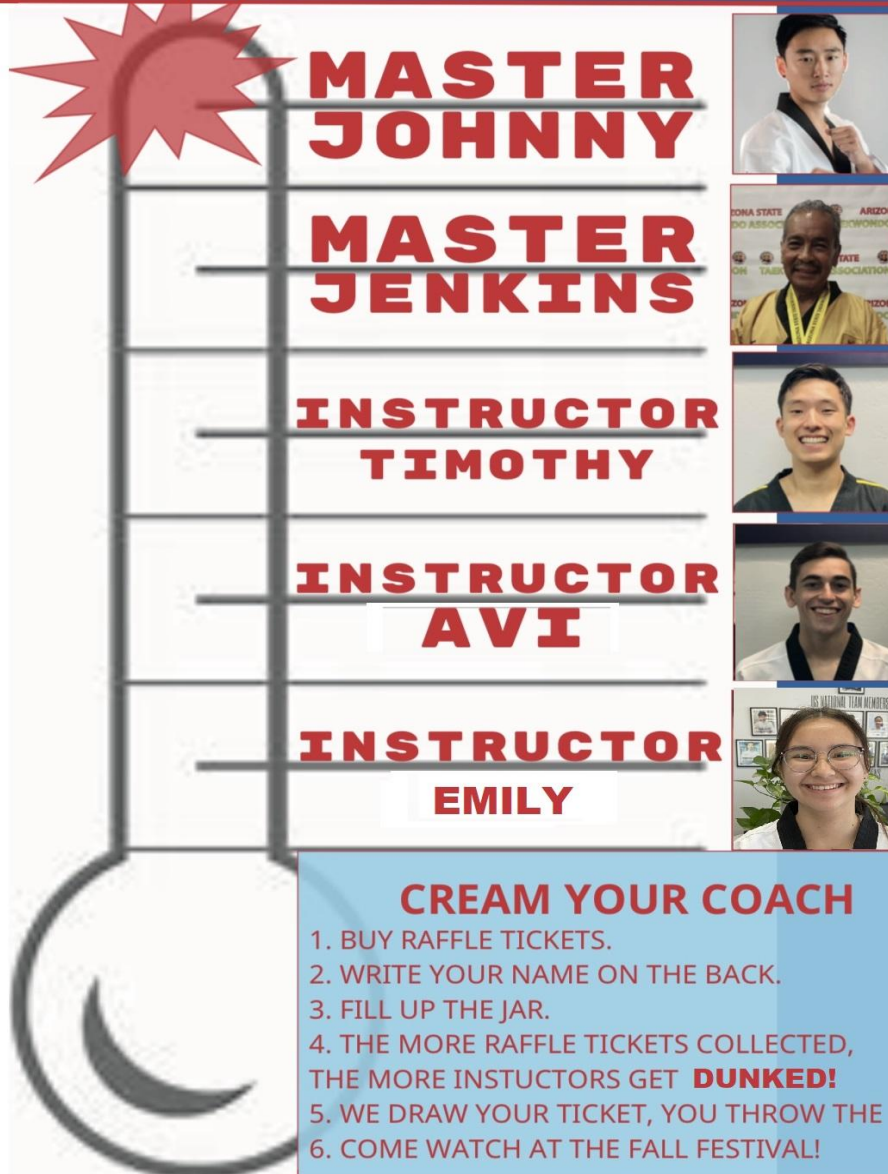
	Ring 1	Ring 2	Ring 3
10:00am	Poomsae 9 yrs and under	Poomsae 9 yrs and under	Poomsae 9 yrs and under
10:30am	Poomsae 10 yrs +	Poomsae 10 yrs +	Poomsae 10 yrs +
11:00am	Speed Kick all ages	Sync Up all ages	Speed Kick all ages
11:30am	Jumping F-Kick 9 yrs and under	Jumping F-Kick 10 yrs +	Jumping F-Kick 10 yrs
12pm-1pm	LUNCH BREAK Dunk Tank Raffle		
1pm	Flying Side 9 yrs and under	Flying Side Kick 10 yrs +	Flying Side Kick 10 yrs +
1:15pm	2020 Armor Sparring 9 yrs and under		2020 Armor Sparring 9 yrs and under
1:30pm	2020 Armor Sparring 10 yrs +		2020 Armor Sparring 10 yrs +

\*Tournament schedule is tentative and may change during/before the event.

\*Arrive 30 minutes before your event to check in and properly warm up.

# DUNK AN INSTRUCTOR

@ the FALL FESTIVAL OCT 22nd!



**MASTER JOHNNY**

**MASTER JENKINS**

**INSTRUCTOR TIMOTHY**

**INSTRUCTOR AVI**

**INSTRUCTOR EMILY**

**CREAM YOUR COACH**

1. BUY RAFFLE TICKETS.
2. WRITE YOUR NAME ON THE BACK.
3. FILL UP THE JAR.
4. THE MORE RAFFLE TICKETS COLLECTED, THE MORE INSTRUCTORS GET **DUNKED!**
5. WE DRAW YOUR TICKET, YOU THROW THE **BALL.**
6. COME WATCH AT THE FALL FESTIVAL!

Dunk an instructor and win a chance to win a  
**\$500 State Bicycle Gift Card!**  
**[www.statebicycle.com](http://www.statebicycle.com)**

\*All proceeds will help fund the NBT Competition Sparring and Poomsae Teams in their upcoming National Events.

## Fall Festival Registration

Competitor's Name \_\_\_\_\_ Age \_\_\_\_\_ Rank \_\_\_\_\_

Weight \_\_\_\_\_ lbs Taekwondo School \_\_\_\_\_

Email \_\_\_\_\_ (To receive Digital Certificate)

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### 1 Event: **\$80**

Each additional Event \$10

Check each event that applies →

Number of Events: \_\_\_\_\_

Raffle Tickets?: # \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

### In Person Events

Poomsae

Sync Up

Speed Kick

Jump Front Kick

Flying Side Kick

2020 Armor Sparring

Early Registration Deadline: **October 1st**

Late Registration Deadline: **October 19th (\$20 late fee)**

I believe that my child is physically and mentally capable of participating in the NB Taekwondo Chandler, Fall Festival. He/she is in good health and does not have any injury, illness, or disability that will prohibit activity. I verify that my child has permission to participate in physical activities, and to be photographed for promotional purposes. You agree that all exercises and/or courses are undertaken at your own risk. You understand the procedures and exercises involved in instruction and participation as explained to you by the instructors of this in person and online event. You understand that there is a risk of personal injury involved in the course of instruction and with this knowledge agrees to indemnify and save harmless all losses caused by accident or injury to yourself, or to third persons, who may be with you or the instructors, in the event that either the yourself or said third person is injured in any way during the performance and execution of exercises. THEREFORE, I do hereby for myself/ my heirs/ executors/ administrators/ assigns, waives, release and forever discharge any and all rights/ claims for damages which I may sustain in connection with any practice, class, contest, athletic event, or traveling to/ from such endeavors.

Competitor Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

If competitors is under 18 yrs old,

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_